



第十一届“叶圣陶杯”国际青少年英语大赛

省级初赛试题（初中组）

总分：100 分

I. Read the following sentences and choose the best from A. B. C. D. (each 4 scores, all 60 scores)

1.—How old is your sister?

—She's _____. December the first is her _____ birthday.

A.fifteen; fifteenth B.twentieth; twenty C.eleven; eleven D.thirteen; thirtieth

2.Yesterday, Mark was sick _____ bed, so he didn't go to work today.

A.above B.in C.across D.on

3.Look at your long _____ hair. It's so beautiful.

A.expensive B.straight C.cheap D.convenient

4.Kevin likes the summer _____ because he has serious problem sleeping in summer.

A.last B.least C.first D.best

5._____ of my hands are dirty. I have to wash them before lunch.

A.Much B.All C.Two D.Both

6.—Mom, so hot! Can I take the *helmet*(头盔) off?

—Oh, dear, everyone _____ wear it. Safety comes first.

A.must B.can C.mustn't D.can't

7._____ a small world it is! I can't believe to meet you here.

A.Where B.What C.How D.Why

8.There is little space in the box, _____ there?

A.is B.isn't C.does D.doesn't

9.—_____ does Jeremy take out the *trash*(垃圾)?

—Twice a week.

A.How often B.How much C.Which D.What

10.My family always go somewhere interesting _____ the holiday begins.

A.so that B.even though C.as soon as D.unless



11.—I was listening to the news at eight o'clock last night. What about you?

—I _____ at home.

A.exercised B.am exercising C.was exercising D.will exercise

12.—I'm thinking whether the dog _____.

—It _____ after returning from camping.

A.needs to wash, smells badly

B.needs washing, is smelt badly

C.needs washing, smells bad

D.needs to be washed, is smelt bad

13. _____ go to bed after eleven. It's not good for your body.

A.Never B.Always C.You never D.Always you

14. —John, can you tell me _____ in the future?

—I want to be a football player.

A.what will you do B.where will you go C.what you will do D.where you will go

15.I like making friends _____ are calm and knowledge.

A.who B.how C.where D.whom

II.Read the following passages and choose the best from A. B. C. D. (each 4 scores, all 40 scores)

A

Everyone knows that good sleep is important for our health. Not everyone knows how important it is to sleep in the dark. A new report says sleeping with a light on could be bad for our health and turning off the lights when we sleep could help to keep away from *diabetes* (糖尿病) and heart disease.

According to the report, around 40 percent of people sleep with some sort of **artificial** light such as light from a television or an alarm clock, which could *influence* (影响) our health. The worst thing to sleep with is a main light. Sleeping in the dark is more difficult for people who live in cities, where there is a lot of outdoor light at night.

Dr. Phyllis Zee is the lead researcher from the Northwestern University Feinberg School of Medicine in Chicago, the USA. Her team studied 20 participants. They recorded their



brainwaves, breathing, heart rates and also drew blood from them to measure *melatonin* (褪黑激素) *levels*(水平) while they were sleeping.

They found that the participants who slept with a light on had higher blood sugar levels the next morning compared to those who slept in total darkness. Dr. Zee said this is because light makes their brain more active, which raises blood sugar levels. Besides, having the light on when the participants were sleeping made their heart rates increase, which in turn made it harder for their body to rest properly. “That’s bad. Usually, your heart rate is lower at night and higher during the day,” the researcher said.

Dr. Zee said, “Make sure that you start *dimming*(减低亮度) your lights at least an hour or two before you go to bed to prepare your environment for sleep. There are three things we can do to reduce the risk of illness: turn off the lights, never sleep with white or blue light, and use a curtain or wear an eye mask.”

16.What does the underlined word “artificial” in Paragraph 2 mean?

A.Natural. B.Bright. C.Strange. D.Man-made.

17.According to the report, why are people in cities more difficult to sleep in the dark?

A.They have more pressure.
B.They usually work till midnight.
C.They enjoy a colorful night life.
D.They can’t escape from outdoor light.

18.What may be a *result*(结果) of sleeping with a light on?

A.Making the brain less active. B.Helping the body rest well.
C.Raising blood sugar levels. D.Lowering the heart rate.

19.Where is the passage probably taken from?

A.A news report. B.A health magazine. C.A travel guide. D.A storybook.

B

Many young people want to be pop stars. Pop stars are rich. Many people think they are leading a happy and easy life. Is that true? The answer is definitely no. In fact, they have very hard lives. They spend much of their time on travel. Sometimes the travel is interesting, but in most time it is boring to pop stars. The following chart is a day’s life of a pop star.



Feb. 9th, 2024	
5:00	Woke up and had breakfast in the hotel. Packed bags. Took taxi to the airport.
7:30	Plane took off half an hour later than usual for the bad weather.
8:30	Plane landed. Waited for <i>luggage</i> (行李) for half an hour. Signed for fans at the airport.
9:45	Arrived at the hotel and had a short rest.
10:00	Started out to attend the meeting with fans and give an interview to the local reporters.
11:00	Went to radio station to attend the live show.
12:00	Had lunch with local producer.
13:00	Went to the theatre and prepared for the night's show. The lighting of the theatre was good, but the <i>band</i> (乐队) did poorly.
17:00	Back to hotel. Tried to have a rest. Still worried about the band.
18:00	Had supper, but eat little.
18:30	Went to theatre again and got ready for show.
19:00	Sang very well, and audience gave a warm welcome. The band improved a little.
22:00	The show was over. Very tired from it.
23:00	Back to the hotel. Took a bath. Too excited to sleep, so watched TV.



0:00	Fell asleep, with TV on.
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20.The pop star went to the hotel _____ on Feb. 9th, 2024.

- A.once B.twice C.three times D.four times

21.According to the chart, the pop star was good at _____.

- A.making faces B.singing C.dancing D.playing the piano

22.The pop star felt _____ after the performance.

- A.sad B.warm C.tired D.worried

23.In the night's show, the band did _____ in the *rehearsal*(彩排).

- A.worse than B.better than

- C.as poorly as D.as well as

24.Which of the following statements is NOT true?

A.She was hungry so she had a big supper at 18:00.

B.She got her luggage at about nine at the airport.

C.She was too tired to watch all the TV programmes that night.

D.She got back to the theatre to see if the show was well prepared.

25.This passage mainly tells us that _____.

A.pop stars are not rich in fact

B.young people had better not be pop stars

C.there are many young people wanting to be pop stars

D.pop stars don't have an easy life as they seem to have